

(Form #C1-2)

SHORT REBIRTHING INTERVIEW FORM

Name _____

Address _____

Phone _____ Date of Birth _____

Profession _____

1. Were you a planned pregnancy____ or unplanned? _____
2. How many children were in your family _____ which child were you? _____
3. Were there any complications or problems with your mother's pregnancy and labour? _____
4. What were the details of your birth to the best of your knowledge (real or, imagined?) _____
5. Did you have one or more of the following Overdue ____ Premature ____ Forceps ____
Anaesthesia ____ Breech (rear first, footling, face presentation) ____ Cord around neck ____
Caesarean ____ Induced ____ Twins ____ Turned manually ____ Placenta preya ____
RH factor, jaundice ____ Dry birth ____ Deformities ____ Other _____
6. Did your mother have problems at the birth or afterwards? _____
7. Were you breastfed ____ How long ____ Bottle fed ____ schedule feeding _____
8. Did you have serious or reoccurring illnesses during childhood _____ If so, what? _____
9. Did you have any major emotional traumas as a child? _____
10. Did your parents' divorce _____ If so, how old were you _____
11. Are you in a relationship now _____ For how long _____
12. Do you have any difficulty breathing? _____
13. Do you have any problems with your body now? _____
Any major tensions, pains, or symptoms'? _____
14. What is the most limiting thought you have about yourself? _____
15. What is your Purpose for attending Rebirthing Consultations? _____
16. List 10 goals you would like to accomplish from this experience ([on form #C1-4](#)) _____
17. Are you regularly attending a doctor? _____

18. Do you have any diagnosed illness at the moment? _____

19. Are you on any medication - Allopathic - (Doctors medicine - not natural)?

20. Do you take any Recreational Drugs? _____

It is important not to take any recreational drugs whilst learning Rebirthing.

21. Are you - or do you think you may be pregnant? If yes - how many weeks?

22. Have you been Rebirthed previously?

23. Name of Breathworker/Rebirther Trainers

What do you understand of the concepts of creative thought and physical immortality?

Date _____

Signed _____