

(Form #CW4-5)

**The following is a simpler Personal Law Consultation
Personal Law Consultation**

Step 1. Have Client fill in Handout – 10 Most Negative thoughts I hold about myself.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Step 2. Client picks the strongest or the one with the most charge

Step 3 Ask the client to say the following Stem Sentence: - adding the thought from step 2
The reason why I think/feel (Insert the Most Negative thought from step 2)

Step 4 Have the client repeat the stem sentence adding the reply from the previous iteration until they start repeating.

Step 5. By extrapolation the client will arrive at a base-line deep-seated negative thought.

This is your clients Personal Law.
It will be an I am –(thought)
e.g. I am not good enough/ not wanted/ not adequate/ not worthy.

Step 6. Assist the client to invent a “positive opposite” thought as Healing Medicine.

Step 7. Teach the Client to master the Affirmations Technique.