

(Form #CW6-3)

Any time that your client has any negative symptom (illnesses) in their body they can begin clearing it immediately with this process.

1. The reason I have created _____ (insert disease/condition here) is:

Keep saying all the reasons until they begin to repeat themselves. They will come out as negative thoughts. ask them for their most negative thought about themselves.

My most negative thought about myself is _____
write answer

3 From 1(a) above (the main reason) and 2 (the most negative) create an affirmation to work with.

My new affirmation from this process is: _____